



» The monks [and the nuns] shall live by the labour of their hands. « (Rule of St Benedict, Ch 48,8)

Abbey shop / Enoteca

Our abbey shop is a place for rummaging and browsing in a relaxed ambience. As well as an extensive selection of literature we offer a wide range of spelt products and "Hildegard" spices, CDs and all sorts of devotional objects. You will find Sr. Judith's worked gold articles, some of Sr. Christophora's ceramic works and Sr. Michaela's individually designed candles. We provide a great variety of beautiful seasonal goods and carefully selected products from our associated abbeys as well as an excellent choice of high-quality cards.

Our enoteca is situated inside the abbey shop. We have a first-class assortment of wines from our own winery (which of course can be tasted) and homemade liqueurs and jellies. Allow yourself to be surprised!

Opening hours: Monday – Saturday: 9:00 – 17:00, on Sundays and public holidays: 14:00 -17:00 from March to December.

Abbey café

The abbey café provides light lunches and other refreshments for individuals visitors and groups. You will find savoury and sweet dishes from our abbey kitchen and bakery. You will be served by staff from the St Vincent Foundation Aulhausen, a facility for people with learning disabilities.

Opening hours: daily (except Mondays) from 10 a.m. to 5 p.m.

Groups are asked to book in advance by phone 0049(0)6722/ 499-215 or e-mail klostercafe@abtei-sthildegard.de

Exhibition vault

Here we are delighted to present various exhibitions by artists from home and abroad. Their works reflect the whole gamut of art and creative power.

Opening hours: Wednesday-Sunday: 15:00-17:00

We regret that the vault is not accessible to those with disabilities.

Hiking trails around the abbey

Here are some recommendations for hikers:

The "Rheinsteig" is well-known as a challenging long-distance trekking trail. It is 320 km long and follows the central and north-eastern Upper Rhine valley.

The "Rheingauer Klostersteig" is 30 km long and links the Abbey of Eberbach in Eltville with the convent church of Marienhausen on the premises of St Vincent's monastery in Rüdesheim-Aulhausen. On the way you will pass various hiking stops: the former Abbey of Johannesberg, the convents of Marienthal and Nothgottes, as well as our abbey.

The "Rüdesheimer Hildegard-Weg" is 6,7 km long and passes sites associated with St Hildegard's on the eastern side of the Rhine valley: the pilgrimage church in Eibingen and our convent. It is an easy-to-walk trail with gentle gradients, a happy combination of the beautiful Rhenish landscape and quiet reflection, offering insights into the life, work and times of St Hildegard. Starting at the passenger ferry in Bingen / Rüdesheim the trail leads first to the "Brömserburg". Then it passes the former convent in Eibingen, runs uphill to our abbey, then downhill again, rewarding you all the time with magnificent wide views of the Rhine valley.

The "Hildegard-Pilgerwanderweg" is 137 km long and thus the longest of our hikes, leading from Idar- Oberstein to all the places connected with St Hildegard, i.e. via Disibodenberg and Bingen to Eibingen, Hildegard's shrine in the parish church and our abbey. Numerous boards providing information and invitations for reflection can be found along the way.

All hikes are well sign-posted.

Hiking maps, pilgrims' books and pilgrims' passes for the "Klostersteig" and the "Hildegard- Pilgerwanderweg" can be found in our shop. Pilgrims' stamps can be obtained in our Abbey Church, close to the entrance at your right.



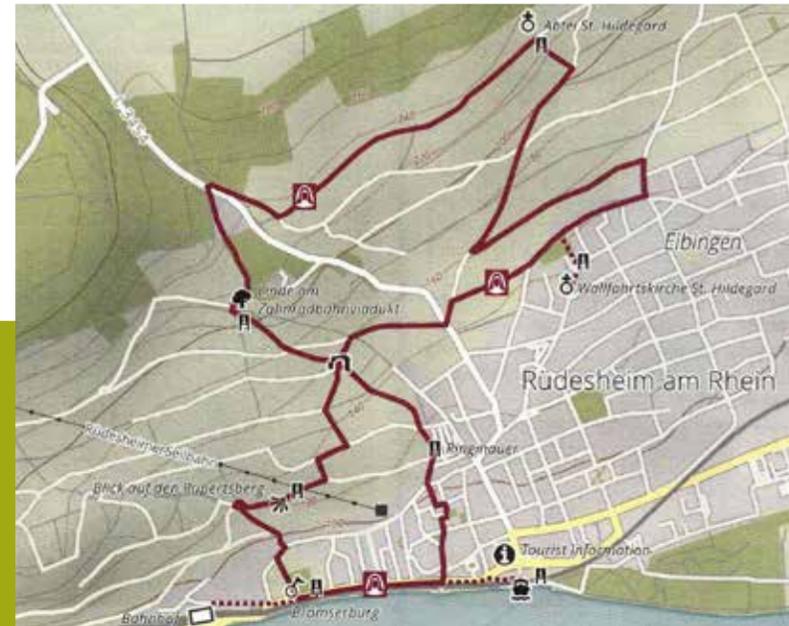
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Benediktinerinnenabtei
Sankt Hildegard

A visitor's guide

"Rüdesheimer Hildegard-Weg"



A visit to the Abbey of St Hildegard

Dear visitors,

we, the Sisters of the Abbey of St Hildegard, would like to extend a very warm welcome to all our visitors. This leaflet offers an overview of what you can do and experience in the abbey grounds. A visit to our abbey may give you a short break from your hectic everyday life and help you to gain a deeper understanding of our life of prayer, work and hospitality.

First of all we invite you to enjoy the magnificent view of the central Rhine valley. On the opposite side of the Rhine you will see Bingen, the town which gave St Hildegard (of Bingen) her name. Further away, on the horizon, you will glimpse the Disibodenberg where Hildegard lived for nearly forty years. Below the abbey there is the church of the former convent of Eibingen. Nowadays it is the pilgrimage church where St Hildegard's shrine is kept and guarded. At the far end of our grounds, just behind our abbey café, you will discover our sculpture park which is worth a visit.



Abbey church

The abbey church is open to all interested visitors. It is designed entirely in the Beuronese style of art and is decorated with impressive murals. The quietness of the spacious hall invites you to stay a while and contemplate. You can obtain a detailed description of the church and our monastery grounds in our abbey shop. You can also follow a guided tour via QR code in German, English and French. Everyone is invited to join our prayers, e.g. at midday at 12:00 or at Vespers at 17:30.

Visitors (individual and groups)

Information for individual visitors

You will find plenty of printed information in our information centre (Inforaum). Two screens and headphones are provided there for individual visitors to watch a number of films about monastic life and St Hildegard.

Information for groups of visitors

Groups interested in the monastic life at our abbey can watch a 45 minute film in the lecture hall from 1 March to 1 November. We ask for a contribution of Euro 3,- per person.

Start: Tuesdays, Wednesdays, Thursdays and Saturdays at 10.30 a.m. Meeting point: Outside the Abbey Café.

After prior appointment with Sr. Hiltrud Gutjahr OSB (e-mail sr.hiltrud@web.de, tel 0049 (0)6722/ 910 589) **talks on St Hildegard of Bingen** can be booked.

The fee for groups under 20 persons is Euro 50,-; larger groups are asked for a fee of Euro 3.- per person.

Please note: The shrine of St Hildegard is in the parish church of St Hildegard, Marienthaler Strasse 3, Rudesheim.

QR-Codes Tour of the Abbey Church



DEUTSCH



ENGLISH



FRANÇAIS

Our living quarters and private abbey grounds are closed to the public. So there are no guided tours. Thank you for your understanding.

